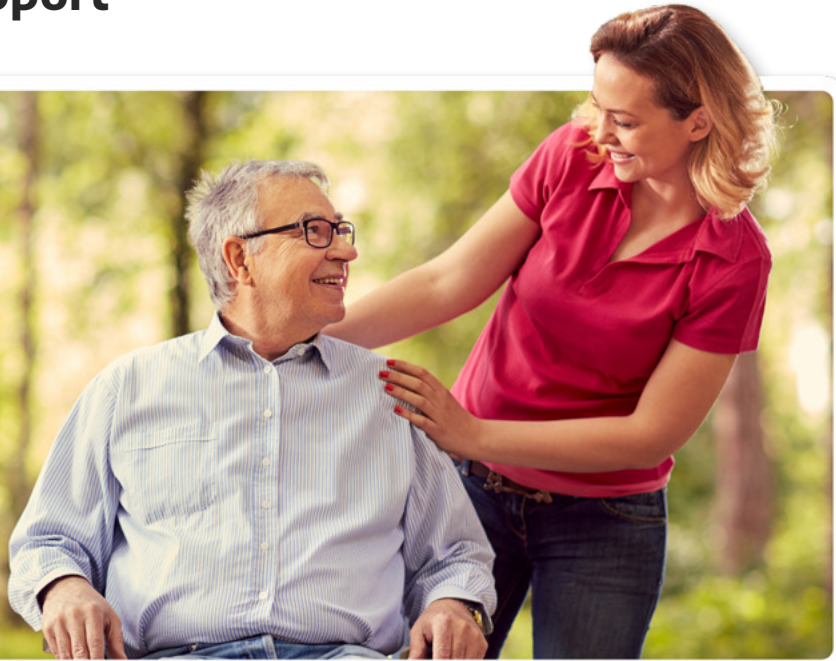


Empower Caregivers to Efficiently Manage Responsibilities



- ▶ When employees are thrust into the role of caregiver for aging and disabled family members, the experience can be time-consuming, expensive, and emotionally draining
- ▶ The Caregiver Support bundle provides a comprehensive solution for working caregivers to stay organized, save money, and find relief
- ▶ With on-demand resources, employees doubling as caregivers are more productive, less stressed, and less likely to take time off work
- ▶ Employees can access the benefit through the **New Benefits mobile app** and **MemberPortal.NewBenefits.com**

1 in 5 employees
double as caregivers

Caregivers spend
20 hours per week
taking care of a loved
one

Up to 70% of
caregivers show
symptoms of clinical
depression

How Caregiver Support Works

- ▶ **Connected Caregiving** by alaska ("love" in Swedish) is a web-based platform for storing vital medical information, coordinating with care team members, sharing updates with family, and participating in virtual support groups and education webinars
- ▶ **Care Companions** by Papa sends thoroughly vetted helpers (called Papa Pals) who provide companionship and assistance with transportation, household chores, technology lessons, and more
- ▶ **LawAssure** guides employees to create high-quality, personalized legal documents, including wills, living trusts, power of attorney, healthcare directives, and more

The Papa network is expanding but is not yet available in all areas.